We are a Spanish Confederation of People with Disabilities COGAMI (Galician Confederation of People with Disabilities). We work with people with disabilities for their social and labour inclusion.

We want to submit a proposal to the following call: Preparatory Action: European Partnership on Sports (Open call) (2012/C 110/04). We would like to present a project about active ageing for informal caregivers of people suffering from dependence through physical activity. Our idea involves organizing meetings and seminars to exchange good practices about how to improve the quality of life of informal caregivers through physical activity.

We are looking for partners from higher education institutions with Sports departments (for example a Sport Laboratory), rehabilitation entities and so on.

For further information and expressions of interest, please, contact: Ms. Eva María León Arceo Quality and Projects Department e-mail: proxectos@cogami.es